

THE
MOUNT SINAI
HOSPITAL
SCHOOL OF
NURSING

NEW YORK



BULLETIN OF INFORMATION 1960-61

THE MOUNT SINAI HOSPITAL SCHOOL OF NURSING

REGISTERED BY THE NEW YORK STATE
EDUCATION DEPARTMENT

FULLY ACCREDITED BY THE
NATIONAL LEAGUE FOR NURSING



ANNOUNCEMENT

*FIVE EAST NINETY-EIGHTH STREET
NEW YORK CITY*

1960-61



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THE MOUNT SINAI HOSPITAL SCHOOL OF NURSING
MURRY AND LEONIE GUGGENHEIM HALL



THE FIFTH AVENUE PAVILIONS FACING CENTRAL PARK

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OFFICERS AND DIRECTORS

THE MOUNT SINAI HOSPITAL SCHOOL OF NURSING

PHILLIP W. HABERMAN, JR.	<i>President</i>
WILLIAM J. KRIDEL	<i>Vice-President</i>
MRS. GEORGE LEE	<i>Second Vice-President</i>
HENRY A. LOEB	<i>Treasurer</i>
E. NELSON ASIEL	<i>Secretary</i>

E. NELSON ASIEL	WILLIAM J. KRIDEL
GEORGE B. BERNHEIM	MRS. GEORGE LEE
MRS. ARTHUR J. COHEN	JOHN R. LEHMAN
EDGAR M. CULLMAN	MRS. DAVID LEVY
RICHARD GOLDSMITH	HENRY A. LOEB
ROBERT K. HAAS	MRS. CARL H. PFORZHEIMER, JR.
PHILLIP W. HABERMAN, JR.	ALFRED L. ROSE

WILLIAM R. ROSE II

WILLIAM D. SCHOLLE, *Honorary Director*

MEDICAL COMMITTEE

RALPH COLP, M.D., *Chairman*

ALFRED E. FISCHER, M.D. SAUL JARCHO, M.D.

PHYSICIAN TO THE SCHOOL

EMANUEL Z. EPSTEIN, M.D.

DIRECTOR OF THE HOSPITAL

MARTIN R. STEINBERG, M.D.

ASSOCIATE DIRECTOR OF THE HOSPITAL

SIDNEY M. SAMIS, M.D.

DIRECTOR, SCHOOL OF NURSING
AND NURSING SERVICE

GRACE A. WARMAN, B.S., M.A., R.N.

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AND INSTRUCTION

GRACE ANNE WARMAN, B.S., M.A., R.N.

Director, School of Nursing and Nursing Service

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Professional diplomas: Administration in Schools of Nursing and
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Assistant Director, School of Nursing

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BESSIE I. WOLFSON, B.A., M.A., R.N.

Assistant Director, Nursing Service

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Graduate, The Mount Sinai Hospital School of Nursing, New York, N. Y.
M.A., Teachers College, Columbia University, New York, N. Y.

MARGARET YANSSENS, B.S., M.A., R.N.

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Supervisor of Instruction

Graduate, Undergraduate Division, School of Nursing Education,
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Graduate Study, University of Pennsylvania, Philadelphia, Pennsylvania
M.A., Teachers College, Columbia University, New York, N. Y.

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Administrative Assistant

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Administrative Assistant

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B.S., Miscricordia College, Dallas, Pa.
M.A., Teachers College, Columbia University, New York, N. Y.

ANNE L. PILLON, B.S., R.N.

Instructor, Sciences

Graduate, The London Hospital, London, England
B.S., College St. Theresa, Winona, Minn.

M. LUCILLE MURPHY, B.S., M.A., R.N.

Instructor, Sciences

Graduate, McKennon Hospital, Sioux Falls, S. D.
B.S., University of Iowa, Iowa City, Iowa
M.A., Teachers College, Columbia University, New York, N. Y.

MARIAN RUTH ROSENWASSER, B.S., R.N.

Assistant Instructor, Sciences

Graduate, Temple University School of Nursing, Philadelphia, Pa.
B.S., Temple University, Philadelphia, Pa.

JEAN BOE, B.S., R.N.

Instructor, Fundamentals of Nursing and Surgical Nursing

Graduate, The Mount Sinai Hospital School of Nursing, New York, N.Y.
B.S., Teachers College, Columbia University, New York, N. Y.

DIANE REICH, B.S., R.N.

Instructor, Fundamentals of Nursing and Medical Nursing

Graduate, The Mount Sinai Hospital School of Nursing, New York, N.Y.
B.S., Teachers College, Columbia University, New York, N. Y.

ELIZABETH MARY ARTS, B.S., R.N.

Instructor, Fundamentals of Nursing

Graduate, St. Mary's Hospital School of Nursing, Passaic, New Jersey
B.S., St. Louis University, St. Louis, Mo.

JOAN HERMAN, B.S., R.N.

Instructor, Fundamentals of Nursing

Graduate, The Mount Sinai Hospital School of Nursing, New York, N.Y.
B.S., Hunter College, New York, N. Y.

JEAN E. LEHR, B.S., R.N.

Instructor, Surgical Nursing

Graduate, The Mount Sinai Hospital School of Nursing, New York, N.Y.
B.S., Teachers College, Columbia University, New York, N. Y.

LOUISE M. WEILD, B.S., R.N.

Instructor, Medical and Surgical Nursing

Graduate, Columbia-Presbyterian, New York, N. Y.
B.S., Columbia University, New York, N. Y.

ELIZABETH FRANK, B.S., R.N.

Instructor, Obstetric Nursing

Graduate, Harwick College School of Nursing, Oneonta, N. Y.
B.S., Harwick College, Oneonta, N. Y.

BARBARA E. MACCREADY, B.S., R.N.

Instructor, Public Health Nursing—Obstetrics

Graduate, Columbia-Presbyterian, New York, N. Y.
B.S., Columbia University, New York, N. Y.

EMILY ISENBERGH, B.S., R.N.

Instructor, Pediatric Nursing

On leave 1960

Graduate, Simmons College School of Nursing, Boston, Massachusetts
B.S., Simmons College, Boston, Mass.

MARJORIE MARINE, B.S., M.A., R.N.

Instructor, Pediatric Nursing

Graduate, St. Frances Hospital School of Nursing, Hartford, Conn.
B.S., University of Connecticut, Storrs, Conn.
M.A., Teachers College, Columbia University, New York, N. Y.

LILLIAN M. SNELLMAN, B.S., R.N.

Instructor, Operating Room Nursing

Graduate, Kings County Hospital School of Nursing, Brooklyn, N. Y.
B.S., St. John's University, Brooklyn, N. Y.

ELAINE ZIMBLER, B.S., M.A., R.N.

Instructor, Public Health Nursing

Graduate, Alfred University School of Nursing, Alfred, N. Y.
B.S., Alfred University
M.A., Teachers College, Columbia University, New York, N. Y.

NANCY SCOUTEN, B.S., M.A., R.N.

Instructor in Nursing—Evening

Graduate, Hackley Hospital School of Nursing, Muskegon, Michigan
B.S., M.A., Teachers College, Columbia University, New York, N. Y.

INEZ McCOY, B.A., M.A.

Instructor, Physical Education and Supervisor, Recreational Activities

B.A., Millsaps College, Jackson, Miss.
M.A., Teachers College, Columbia University, New York, N. Y.

DOROTHEA HORSTMANN, B.S.

Instructor, Nutrition and Diet Therapy

B.S., Skidmore College, Saratoga Springs, N. Y.

MARGARET MARKS

Librarian

Certificate, Columbia University Library School, New York, N. Y.

Certificate, New York State Professional Librarian

ELEANOR McHUGH, B.S., R.N.

Instructor, Obstetric Nursing

Graduate, Mercy Hospital School of Nursing, Wilkes-Barre, Pa.

B.S., Misericordia College, Dallas, Pa.

LOIS BROWN, B.S., R.N.

Instructor, Surgical and Pediatric Nursing

Graduate, Women's Christian Association Hospital School of Nursing,
Jamestown, N. Y.

B.S., University of Buffalo, Buffalo, N. Y.

SYLVIA M. BARKER, B.S., M.A., R.N.

Supervisor, Pediatric Pavilion

Graduate, The Mount Sinai Hospital School of Nursing, New York, N.Y.

B.S., M.A., Teachers College, Columbia University, New York, N. Y.

JESSIE CARTER, R.N.

Supervisor, Evening—Main

Graduate, The Mount Sinai Hospital School of Nursing, New York, N.Y.

EDNA DILLON, B.S., R.N.

Supervisor, Medical Pavilion

Graduate, The Mount Sinai Hospital School of Nursing, New York, N.Y.

B.S., Hunter College, New York, N. Y.

TO BE APPOINTED

Supervisor, Maternity Pavilion—Klingenstein

JANET B. HYMAN, B.S., M.A., R.N.

Supervisor, Private Pavilion—Guggenheim

Graduate, The Mount Sinai Hospital School of Nursing, New York, N.Y.

B.S., Hunter College, New York, N. Y.

M.A., Teachers College, Columbia University, New York, N. Y.

EDITH G. RYAN, R.N.

Supervisor, Semi-Private Pavilion

Graduate, The Mount Sinai Hospital School of Nursing, New York, N.Y.

EVELYN SCHROEDER, B.S., M.A., R.N.

Supervisor, Surgical Specialties

Graduate, Lutheran Hospital School of Nursing, Baltimore, Md.
B.S., Teachers College, Columbia University, New York, N. Y.
M.A., New York University, New York, N. Y.

ALICE A. SIMCOX, B.S., M.A., R.N.

Supervisor—Out-Patient Department

Graduate, Roosevelt Hospital School of Nursing, New York, N. Y.
B.S., M.A., New York University, New York, N. Y.

PAMELIA P. TISZA, B.A., M.N., R.N.

Supervisor, Surgical Pavilion

Graduate, The Yale School of Nursing, Yale University, New Haven, Conn.
B.A., Smith College, Northampton, Mass.
M.N., Yale University, New Haven, Conn.

RUTH SPINK, B.S., M.A., R.N.

Supervisor, Night

Graduate, The Mount Sinai Hospital School of Nursing, New York, N.Y.
B.S., M.A., Teachers College, Columbia University, New York, N. Y.

ESTHER ROSE YOFFA, B.S., R.N.

Supervisor, Operating Room

Graduate, Beth Israel Hospital School of Nursing, Boston, Mass.
B.S., Hunter College, New York, N. Y.

LILLIAN ZUKAS, B.S., M.A., R.N.

Supervisor Relief, Main

Graduate, The Mount Sinai Hospital School of Nursing, New York, N.Y.
B.S., M.A., Teachers College, Columbia University, New York, N. Y.

INSTRUCTIONAL ~~PERSONNEL~~ ^{PERSONNEL}
PSYCHIATRIC NURSING AFFILIATION

CREEDMOOR STATE HOSPITAL

LOIS L. CHRISTOFFERSEN, B.S., M.A., R.N.

Principal, School of Nursing

Graduate, The Manhattan State Hospital School of Nursing, New York, N. Y.
B.S., Cornell University, Ithaca, N. Y.
M.A., Teachers College, Columbia University, New York, N. Y.

JUANITA WILSON, B.S., M.S., R.N.

Instructor, Psychiatric Nursing

Graduate, Homer G. Phillips Hospital School of Nursing, St. Louis, Mo.
B.S., Florida A & M University, Tallahassee, Florida
M.S., University of Maryland, College Park, Md.



IN THE RUMPUS ROOM

INFORMAL ROOMS FOR PLAY AND RELAXATION

A FLOOR SEATING ROOM



DOROTHY YOUTZ, B.S., R.N.

Instructor, Psychiatric Nursing

Graduate, Creedmoor State Hospital, Queens Village, N. Y.
B.S., Ohio State University, Columbus, Ohio

NEW YORK HOSPITAL — WESTCHESTER DIVISION

ELEANOR M. CORRIGAN, B.S., R.N.

Director of Nursing

Graduate, St. Luke's Hospital School of Nursing, New York, N. Y.
B.S., Teachers College, Columbia University, New York, N. Y.

AVIS PITMAN, B.S., M.A., R.N.

Educational Director

Graduate, Buffalo General Hospital School of Nursing, Buffalo, N. Y.
B.S., Ohio State University, Columbus, Ohio
M.A., New York University, New York, N. Y.

ELIZABETH VAN ANKEN, B.S., R.N.

Instructor, Psychiatric Nursing

Graduate, Syracuse University School of Nursing, Syracuse, N. Y.
B.S., Syracuse University, Syracuse, N. Y.

ELIZABETH WRIGHT, B.S., M.A., R.N.

Instructor, Psychiatric Nursing

Graduate, Massachusetts General Hospital School of Nursing, Boston, Mass.
B.S., M.A., Teachers College, Columbia University, New York, N. Y.

FACULTY COMMITTEES

Admissions and Promotions

Curriculum

Faculty Welfare

Procedures

Records

Administration of Medications

Executive

Library

Nursing Service

Scholarships

Student Staff Health and Welfare

PAVILION SUPERVISORY ASSISTANTS

CATHERINE BEST, R.N.

Supervisor in charge of Premature Nursery

CAROL COOK, B.S., M.A., R.N.

Supervisor of Nurseries

ARLENE LEVESQUE, B.S., R.N.

Supervisor of Respirator Center



UNIFORMS OF THE SCHOOL, PAST AND PRESENT.

EVA BAER, B.S., R.N.	Klingenstein Pavilion
ROBERTA BENJAMIN, R.N.	Guggenheim Pavilion
RUBY CLARK, R.N.	Klingenstein Pavilion
PHYLLIS DARBY, B.S., R.N.	Main Pavillions
EVELYN FLORA, R.N.	Guggenheim Pavilion
MARGARET HALPIN, R.N.	Operating Room
AUDREY HAY, R.N.	Out-Patient Department
EVELYN HUSSON, B.A., M.A., R.N.	Main Pavillions
LINETTE MOORE, R.N.	Guggenheim Pavilion
ELMA PYLE, R.N.	Guggenheim Pavilion
MARY SHERRITT, A.A.R.N.	Klingenstein Pavilion
ANN SIGNOR, R.N.	Semi-Private Pavilion
ANNA STAUB, R.N.	Klingenstein Pavilion
VERA STOLAR, R.N.	Klingenstein Pavilion
ESTHER VOGEL, B.S., R.N.	Operating Room
HELEN WALTON, R.N.	Semi-Private Pavilion
LEONA WERCHOK, R.N.	Semi-Private Pavilion
ELSIE WITZIG, R.N.	Semi-Private Pavilion

HEAD NURSES—KLINGENSTEIN PAVILION (OBSTETRICS)

NELLIE BOGAN, R.B.	MARY McCUE, R.N.
EVA BLUMSTEIN, R.N.	LOIS NORDBERG, R.N.
JANET GATES, R.N.	JANET POST, R.N.
RUTH JACKSON, R.N.	HELEN SAYLOR, R.N.
CHARMAINE JOHNSON, R.N.	ELSIE SCHULZ, R.N.
LOUISE KILEY, R.N.	CATHERINE SMITH, R.N.
ELEANOR KUPENCOW, R.N.	MICHELE VIEUX, R.N.

HEAD NURSES—MEDICAL

CAROL DONAHUE, R.N.	CECELIA PETTIGROSSI, R.N.
EILEEN DOWLER, R.N.	SANDRA POVMAN, R.N.
MARLENE HERTZ, R.N.	RHODA TUCKMAN, R.N.
RITA WEISS, R. N.	

HEAD NURSES—SURGICAL

MYRA COHEN, R.N.	JEAN KENTISBEER, R.N.
ELAINE FRIEDMAN, R.N.	RUTH SAN JURJO, R.N.
WANDA SMITH, R.N.	

HEAD NURSES—PEDIATRICS

MARY GAYNOR, R.N.	MARJORIE GULLA, R.N.
MARY PINAHA, R.N.	CARMEN PEREZ, R.N.
MARY PREPUTNIK, R.N.	JOAN WEICK, R.N.

HEAD NURSES—GUGGENHEIM PAVILION (PRIVATE)

JACQUELINE BRODATZ, R.N.	DARIA GAYNES, R.N.
JACOB FELEGY, R.N.	ANNA LYNCH, R.N.
TILLIE FRANKLIN, R.N.	LINETTE MOORE, R.N.
	JOAN PRINCER, R.N.

HEAD NURSES—SEMI-PRIVATE PAVILION

MADALYN GORDON, R.N.	VIRGINIA SIMPSON, R.N.
MARY HOFFMAN, R.N.	CAROLE STARK, R.N.
LORETTA LIBERTY, R.N.	JOYCE, O'BOYLE, R.N.
	ELLEN ZWEIFACH, R.N.

HEAD NURSES—OPERATING ROOMS

HENREITTE ABED, R.N.	LEWIS MAYS, R.N.
LOLA CHLUPSA, R.N.	RUTH ROBENS, R.N.
ELIZABETH FERRER, R.N.	JOHANNA ROODE, R.N.
DONNA GALEY, R.N.	MARGARET SCHRADER, R.N.
	MARIAN TIMKO, R.N.

HEAD NURSES—OUT-PATIENT DEPARTMENT

FANNIE DAVIDSON, R.N.	KATE McPARTLAND, R.N.
THELMA GITTLEMAN, R.N.	MILDRED NELSON, R.N.
ELINOR FREEDBERG, R.N.	LORETTA SEVERA, R.N.
	ARLENE SULTAN, R.N.

NURSES RESIDENCE

MILDRED BEATTY	<i>Supervisor</i>
SARAH BREWER	<i>House Mother</i>
MARIAN TAFT, R.N.	<i>Charge Nurse-Health Service</i>
JULIA KANISCHAK, R.N.	<i>Nurses Infirmary</i>
EVELYN SHAW, R.N.	<i>Nurses Infirmary</i>

LECTURERS TO THE SCHOOL

<i>Dermatology</i>	ARTHUR W. GLICK, M.D.
<i>Otolaryngology</i>	SYDNEY FEUERSTEIN, M.D.
<i>Medicine</i>	PAUL GILBERT, M.D.
<i>Neurology</i>	PHILIP BERGMAN, M.D. DANIEL FELDMAN, M.D.
<i>Neurosurgery</i>	LEONARD MALIS, M.D.
<i>Ophthalmology</i>	SYLVAN BLOOMFIELD, M.D. ROBERT STURMAN, M.D.
<i>Orthopedics</i>	ERNEST BARRISH, M.D.
<i>Obstetrics & Gynecology</i>	ALAN F. GUTTMACHER, M.D. and STAFF
<i>Pathology</i>	HANS HOPPER, M.D. and STAFF
<i>Pediatrics including Communicable Disease</i>	HORACE L. HODES, M.D. and STAFF
<i>Psychology</i>	FRED BROWN, Ph.D.
<i>Psychiatry</i>	M. RALPH KAUFMAN, M.D. and STAFF
<i>Social Problems</i>	DORIS SIEGEL and STAFF
<i>Surgery</i>	DAVID DREILING, M.D.
<i>Urology</i>	GORDON D. OPPENHEIMER, M.D. and STAFF
<i>Psychiatry (affiliation)</i>	NEW YORK HOSPITAL, WESTCHESTER DIVISION STAFF or CREEDMOOR STATE HOSPITAL STAFF



INSTRUCTION IN THE ANATOMY LABORATORY

THE MOUNT SINAI HOSPITAL OF NEW YORK

INCORPORATED in 1852 for "benevolent, charitable and scientific purposes," The Mount Sinai Hospital has grown to be one of the world's foremost centers of medical care, teaching and research. The Hospital's clinical and scientific activities occupy a network of twenty-one buildings covering three square blocks and fronting on Central Park in the heart of Manhattan.

One of the largest voluntary general hospitals, Mount Sinai has 1032 beds and bassinets, and its capacity will be further enlarged by a building program now in progress. The Hospital treats some 135,000 persons a year in its private pavilions, wards, clinics and emergency service.

The Hospital has a house staff of 200 young interns, residents and fellows completing their training, and a voluntary attending staff of 1,000 practicing physicians and specialists. Major clinical and laboratory departments are directed by full time chiefs who, by virtue of their positions in the Hospital, hold faculty appointments at medical colleges.

The Hospital has through its history made notable contributions to medical science and its research program attracts today more support in grants than that of any other independent medical center. Mount Sinai is the major post-graduate teaching affiliate of the College of Physicians and Surgeons, Columbia University, and also provides training in pediatrics and obstetrics-gynecology for the college's third and fourth year students.

Mount Sinai has been in the vanguard in translating advances in medical and related sciences into vital patient services. Among the Hospital's specialized facilities and clinical activities are a polio respirator center, a premature infants center, an artificial kidney unit, an open-heart surgery team and a radiotherapy center that has a 24,000,000 volt betatron and other high voltage radiation equipment.

To help meet community needs and to apply the boons of medical science's rapid progress, the Hospital has experienced a spectacular but necessary expansion in recent years. A ten story maternity pavilion and two large laboratory buildings were completed in 1952. In progress now is additional construction that will give the Hospital new ward facilities, a complete psychiatry center and an apartment house for staff nurses.

The Mount Sinai Hospital is approved by the Joint Commission

on Accreditation of Hospital and, for intern and residency training, by eighteen specialty boards and the American Medical Association Council on Medical Education and Hospitals. Mount Sinai is also approved by the University of the State of New York (the State Department of Education) and chartered by the State of New York in the Hospital's certificate of incorporation to:

"...engage in all of the activities of an education institution in the field of medicine, including the giving of medical, surgical and nursing instruction, the conducting of courses for both undergraduate and post-graduate students in conjunction with medical colleges, the carrying on of scientific and research activities, the employment of instructors in the various fields of medicine and the purchase of all necessary equipment in connection therewith."



A STUDENT MAKES A FRIEND

THE SCHOOL OF NURSING

THE Mount Sinai Hospital School of Nursing was one of the first to be founded in the United States. As early as 1878 the attention of a small group of women, all deeply interested in the growth of The Mount Sinai Hospital, was drawn to the new type of nurse being trained in this country. The group began to formulate plans for the development of a school for the training of nurses at the Hospital.

By February, 1881, plans for the School were perfected and the "Society of The Mount Sinai Training School for Nurses" was incorporated. The School opened its doors on March 11 of that year with eight probationers, four graduate nurses and a School superintendent.

The School of Nursing, although affiliated in every respect with the Hospital, maintains a separate organization and corporation with its own officers and directors—and has since its inception.

The School, in 1905, was registered by the New York State Education Department in accordance with the New York State Law enacted that year. The School offers a basic course in professional nursing.

In 1923 the name of the School was changed to The Mount Sinai Hospital School of Nursing to conform to the newer educational aims which stress learning rather than training.

The revised constitution states in Article II that the object of the School of Nursing is to maintain and to conduct a school wherein women may be educated and generally prepared for the profession of nursing.

The School of Nursing is approved by the New York State Education Department and is fully accredited by the National Nursing Accrediting Service of the National League for Nursing. The School holds charter agency membership in the Department of Diploma and Associate Degree Programs of the National League for Nursing.

The School of Nursing has graduated approximately 4000 nurses. These graduates have served and are serving today in all branches of nursing and in almost all states, as well as in other countries. They hold prominent positions in public health nursing, in teaching and in administration. Graduates of the School contribute to nursing literature and to the work of the professional nursing organizations. Many married nurses not actively engaged in nursing are giving valuable volunteer service to their community. Graduates of the School served with distinction in this country and abroad with General Hospital III in World Wars I and II.



INSTRUCTION IN FUNDAMENTALS OF NURSING

PHILOSOPHY OF THE SCHOOL

We believe that nursing is an art and a science dedicated to the welfare of man and to society's health needs. Nursing education is that part of the process of education which society has made responsible for contributing to the health needs of the nation.

It is the responsibility of the school to help the student make a satisfactory adjustment to her new surroundings and to provide the environment and curriculum which will help the student develop as an effective nurse practitioner. It is, therefore, the responsibility of the faculty to help the student develop her potentialities for the benefit of the community as well as for her personal happiness. It is felt that the student develops best when the fundamental method of teaching is characterized by cooperative effort and encouragement directed toward the student becoming increasingly resourceful and self-directive in the learning process.

AIM OF THE SCHOOL

The aim of the School of Nursing is to select qualified young women and provide them with educational experiences which will prepare them to give comprehensive nursing care; to assist them to become familiar with the community resources for the care of the sick, prevention of illness and the rehabilitation and restoration of the ill person; to help them maintain their own physical and mental health and to develop their capacities as individuals and as freedom-loving citizens.

At the completion of the diploma program, it is expected that the student will be a well-adjusted individual prepared to function in first level positions and able to accept the challenge of an ever-enlarging concept of nursing. She should be aware of the need for further study should she wish to assume positions of increasing responsibility.

RESIDENCE

The fireproof, fourteen-story School of Nursing Residence—Guggenheim Hall—where students live was completely modernized in 1956. Renovation of the structure, which is linked to the Hospital by a tiled thoroughway, included the redecorating and furnishing of every room. At the thoroughway level are located the linen and store rooms, trunk room, nurses' laundry, nurses' sewing room, and shampoo room. On the basement floor is found an informal air-

conditioned lounge which is equipped with a television set, piano, juke-box and ping-pong tables.

The street entrance opens into a spacious lobby with an information desk and an office with a switchboard. Adjacent to this office are the post office boxes for each student. Opposite the office is a reception alcove with easy chairs and magazines for visitors. Further down the main corridor is a large assembly hall for dances, meetings, lectures, and informal recreational activities. This hall is large enough to seat over three hundred people, and has a curtained stage and two small dressing rooms. An attractively furnished lounge and a well stocked library are also located on this main floor. The students have free access at any time to the books, the piano, the radio, the victrola and the television which are part of the equipment of these rooms.

The entire second floor is devoted to a teaching unit. The next five floors, from the third to the eighth, are devoted exclusively to bedrooms for student nurses. A few of these rooms are designed

GREETING INCOMING STUDENTS



for double occupancy, but approximately eighty per cent of the student body occupy single rooms. Each room has a built-in wardrobe closet with a full length mirror, a wash basin with running water, and a medicine cabinet. Each room contains a bed, a bed-table with a lamp, a dresser, a desk with a lamp, an easy chair, and a desk chair. Each of the student floors is equipped with ample baths, showers, toilet facilities and has a small common sitting room with adjoining kitchenette for informal gatherings. A public telephone booth is located on each floor. All of the bedrooms, corridors, and lounges are painted in pastel shades, and the furniture upholstered in colorful fabrics.

The Faculty and graduate nurses occupy bedrooms on the eleventh, twelfth and thirteenth floors. The fourteenth floor is divided into three sections. One section is devoted to a completely equipped and cheerfully furnished infirmary with accommodations for twelve patients. A large well equipped gymnasium is also on this floor.

DINING FACILITIES

Meals are provided for students in the Hospital's air-conditioned cafeteria where a wide selection of food is available.

FACILITIES FOR INSTRUCTION

Unusual facilities for instruction are available to students in the School of Nursing. The second floor of Guggenheim Hall, the Nurse's Residence, is devoted to a complete teaching unit which includes class and conference rooms, laboratories and instructors' offices. Other classrooms are provided in the Hospital.

The School's library is on the classroom floor of the Nurses' Residence. It is in charge of a qualified librarian, and contains over 2000 volumes and numerous periodicals. Students have access to the Jacobi Library which is the Hospital's medical library.

The students' observation and practice include assignments in most of the various departments of the Hospital, which offer extensive clinical resources for the teaching of nursing.

The clinical facilities of the hospital which has a capacity of approximately 1,032 beds, are superior for the care and study of patients. The Medical and Surgical Departments include, in addition to general medicine and general surgery, special services such as dermatology, otolaryngology, gynecology, neurology, ophthalmology, orthopedics and urology.

The Department of Pediatrics is in a separate building and contains four floors with a total of 110 beds. On the top floor of this building there is a recreational room for convalescent children which offers opportunities for the student nurse to study convalescent as well as sick children.

The clinical and educational activities of the Department of Obstetrics are housed in the Magdalene and Charles Klingenstein Maternity Pavilion, the first maternity facility in the history of the Hospital. A total of 107 maternity beds, 100 bassinets, ideal premature nursery units and the latest in equipment are available for education in this specialty.

The many operating room divisions where over 6,000 major operations are performed annually offer valuable experience. The student learns to develop the various techniques and skills used in the operative care of patients. The Emergency Service which has a daily average of 250 patients offers unusual experience in emergency nursing.

The Out-Patient Department, with its more than 90 clinics, provides excellent opportunity for the study of patients who are treated without being admitted to the Hospital. In this department the student learns of other community resources that aid in restoring the patient to health.

All students go to New York Hospital, Westchester Division, or to Creedmoor State Hospital, Queens Village, L. I., N. Y., for a three month affiliation in Psychiatric nursing.

The teaching and supervisory staffs include a large group of nurses and members of other hospital departments who are prepared in their fields from the standpoint of academic preparation, professional preparation and experience. Clinical instructors teach the students in the clinical area in which they are assigned for experience. The Medical, Surgical, Pediatric and Obstetric lectures are taught by doctors who have appointments on the permanent staff of the Hospital. The allied departments of Diet Therapy, Physiotherapy and Social Service provide qualified instructors for classes in these fields.

STUDENT ACTIVITIES

The students take a large share of responsibility for the regulation of their own affairs. All students of the School are members of the Student Association which functions with faculty advisors in all matters relating to social and professional conduct. The executive

group of the Student Association is known as the Student Council which consists of the officers of the organization, the class presidents and two representatives from each class. Students are eligible for membership in the Local, State and National Student Nurses Association.

Committees of the Student Association, the instructor in Physical Education and Recreation, and faculty advisors work together to provide interesting activities for the students. The program includes instruction in the fundamentals of body mechanics, modern folk and social dancing, and such sports as badminton, basketball, volley ball, ping pong and other games. The School makes arrangements for swimming facilities. Dances are given during the year to which the students invite their friends. The Commencement exercises are followed by a reception and dance given in honor of the graduating class.

Students are encouraged to make use of the many opportunities offered in the City of New York for the enjoyment of music, art and other intellectual pursuits.

A newspaper known as the "Cap and Bib" is published monthly by the students. An Editorial Board is in charge of this activity but all students are encouraged to contribute articles for publication.

The facilities for the physical education program include a spacious well equipped gymnasium with a roof extending from it on the fourteenth floor of the School residence.

The air-conditioned rumpus room, equipped with television, piano, record player, juke-box, is a favorite place for students and their friends to gather.

The income from two Endowment funds is used to provide a variety of recreational activities for the students.

HEALTH SERVICE

The health of the student nurse is a chief concern of the School. Because of the emphasis on the maintenance of health and the prevention of disease, it is necessary that the nurse set an example of health. The School endeavors to conserve and promote the health of the students and teaches them to cooperate in this endeavor.

A member of the attending Medical staff of the Hospital, who is appointed Physician to the School, is responsible for the care of the health of the students. A faculty member supervises the health service. All of the medical and surgical resources of the Hospital are



ORTHOPEDIC WARD

CLINICAL TEACHING



OUT-PATIENT DEPARTMENT

available to the health service when needed. Students are provided with medical hospitalization insurance (Associated Hospital Service of New York) purchased by the Hospital.

Although applicants to the School submit a health certificate, they are again given a complete physical examination including chest x-ray upon admission. Subsequently a chest x-ray is given annually and upon completion of the course. A physical examination is also given each school year and at the time of graduation. A Schick test with immunization for positive reaction is required of all students after admission to the School. Tuberculin tests are also given after admission and repeated at regular intervals for those who are negative. Salk vaccine is also given to students who have not had the vaccine prior to admission. Weights are recorded monthly and marked deviations from normal weight are given the indicated attention.

A well-equipped infirmary with necessary staff is maintained in the Nurses' Residence. Minor illnesses are cared for in the School infirmary while illnesses of a more serious nature are cared for in the Hospital. For illness of short duration the expense of medical attention given the student is provided by the School. Students are expected to meet the expenses of dental care and eye glasses if needed during the course.

If in the opinion of the School authorities, the condition of a student's health makes it unwise for her to remain in the School, she may be required to withdraw, either temporarily or permanently, at any time.

Each student is allowed twenty-one days illness time during her course. If a student is ill during the time she is at the affiliating schools, she is allowed seven days illness time by the affiliation school.

Faculty and Student Committees work together on the health aspects of the student's life.

Generous provision has been made for the care during illness of nurses who have been graduated from The Mount Sinai Hospital School of Nursing. This includes a room in the Hospital endowed for their use.



A STUDENT'S ROOM

GENERAL INFORMATION

NOTICE: The information given below is merely for applicant and student guidance. Full power of amendment and addition from time to time is reserved to the School, which cannot regard the following statements as formally binding.

Application and Requirements for Admission

APPPLICANTS desiring to apply for admission to the School should be between sixteen and thirty years of age. Mental and emotional maturity are very desirable and preference is given to candidates with such qualities.

Applicants must meet the requirements of the New York State Education Department and of The Mount Sinai Hospital School of Nursing. They must present evidence of having satisfactorily completed at least sixteen units in a registered four year high school. The applicant must have completed at least 10 academic units in the following areas of high school preparation:

English	4	Social Studies	2-3
Mathematics	1	Natural Science	2
Foreign Language	1		

and at least 6 other units toward graduation from a registered four-year high school. It is recommended that some of the additional units be in the academic field. The equivalent of one year of high school Chemistry is required. Exceptions to these recommendations may be made in individual cases, depending upon the individual record.

The selection of applicants is confined to those who rank in the upper half of their high school class. Preference is given to those who rank in the upper third of their class. A general or academic diploma is preferred.

All candidates are required to take an aptitude test which is given by the Testing Service Division for Schools of Nursing of the Psychological Corporation, New York City. A card of application for admission to this examination will be forwarded to the applicant with the necessary instructions after the Committee on Admissions has evaluated her credentials.

A candidate wishing to enter the School of Nursing should apply by letter or in person. Whenever possible a personal interview with

the applicant is desired. Appointments for interviews may be made either by letter or by telephone.

All candidates are required to make formal application in writing on the form furnished by the School. The application, when completed, must be accompanied by the following additional records:

1. Personal letter giving brief autobiographical sketch with emphasis on educational advantages and special interests.
2. Two letters of recommendation satisfactory to the School from persons other than relatives who have known the applicant for some time and can testify to her good character and qualifications for the profession of nursing. One letter should be from a teacher.
3. A certificate of health (form furnished by the School), based on physical examination by the applicant's own physician, and testifying to sound, mental and physical health and absence of physical handicaps.
4. A dental certificate (form furnished by the School), stating that dental care has been received.
5. Copy of high school record (form furnished by the School).
6. A copy of college record if applicant has attended college.
7. A passport photograph, unmounted. Snapshots are not acceptable.
8. Recent vaccination against smallpox and polio and immunization against typhoid must be certified. (Forms are furnished by the School after applicant is notified that she meets the requirements of the School.)
9. Eye examination record (form furnished by the School.)

Scholarships

Applicants desiring scholarship aid are required to write a letter stating the need for financial assistance.

Each year the School of Nursing offers sixteen \$100.00 scholarships to entering students. In addition, the School occasionally waives tuition fees in the case of well-qualified applicants requiring such assistance. Murry and Leonie Guggenheim scholarships in the amount of \$50.00 each are awarded at the beginning of the second and third years to each student who has satisfied the scholastic requirements of the preceding year. Further information on scholarships and aid funds will be found on pages 38, 39, 41.

State Regents Scholarships for Nursing Students

The State of New York awards a number of Regents Scholarships for professional education in nursing. These Scholarships are award-

ed on the basis of state examinations which are given to students in the New York State high schools.

New York State applicants for admission to the School are urged to try for a State Regents Nurse Scholarship. Information may be secured from any local high school.

Citizenship Requirement

The Education Law relating to the practice of nursing requires that every person admitted to the examinations for license as a registered nurse must submit evidence that she is a citizen of the United States, or that she has declared her intention of becoming a citizen.

Religion

The School is non-sectarian and has no formal connection with any particular denomination. The students are encouraged to attend the churches with which they have been previously affiliated. Notices of church services of all denominations throughout the city are posted on the School bulletin board.

Fees and Other Expenses for the Three-Year Course Are as Follows:

Fee for aptitude testing (paid by applicant to Psychological Corporation)	\$ 8.00
Registration fee (payable at time of acceptance)	10.00
<i>(Deducted from entrance fee if applicant enrolls. Not refunded if applicant withdraws.)</i>	
Entrance fee	150.00
Gymnasium fee	5.00
Uniform equipment	65.00
<i>(If a student leaves the School during the first five months a partial refund is made.)</i>	
Key deposit (returned when student leaves the School) <i>(No other fees are charged during the three years)</i>	1.50

For Entrance Scholarships see p. 38

The School Provides:

- Maintenance — including room, board and laundry.
- Uniform equipment in addition to that purchased by the student.



A VIEW OF THE SCHOOL LIBRARY

New uniforms are provided following the first term.
Textbooks and educational supplies.
Fees for stated affiliations.
Reasonable health and illness care.

It is understood that each student will have adequate income to meet all personal needs, such as personal attire, costs of transportation, vacation, dental care, and recreation in addition to that provided by the School. The amount needed will depend upon the individual.

Loan Fund

The loan fund may be drawn upon by any student who may need financial assistance during her nursing course.

Monthly Stipend

Students will receive a stipend of \$8.00 per month during their course.

Guidance Program

The student is encouraged to obtain such guidance as she may require in personal and professional matters while in the School of Nursing. Frequent contacts between the student and her faculty class advisor and the members of the faculty committee on guidance produce student-faculty relationships most favorable to friendly guidance and understanding of the student and her needs. Students who need assistance on questions of educational program, finances, health, extra-curricular activities, and the like, are directed to the members of the staff who are best qualified to be of assistance in relation to the particular problem at hand.

Length of Course

The course of theoretical and practical instruction covers a period of three years.

Entrance of Classes

Classes are admitted once a year, in September.

Weekly Schedule of Hours

During the course the students have a 40-hour weekly schedule which includes classes.

Vacation

A vacation of twelve weeks is allowed, one week during the winter holiday period, three weeks during the remainder of the first year and four weeks each during the second and third years. The dates at which vacations are given are subject to the needs of the School.

Leave of Absence

Students are not privileged to absent themselves to care for sick relatives or for other personal reasons. In the event that a student is obliged to be away from the School the date of her return and her class standing at that time will be determined by the Faculty. Time lost through absence must be made up.

Withdrawal

The School reserves the sole discretion concerning the student's fitness to continue connection with it, and the right at any time to require the student's withdrawal for reasons which it deems sufficient.

EVALUATION, PROMOTION AND GRADUATION

Students advance from year to year as they satisfactorily complete the prescribed course, pass the examinations, demonstrate ability in nursing practice, and, in the opinion of the Faculty, are personally fitted to assume the responsibilities of the professional nurse.

The various methods used to evaluate student progress include examinations and written reports concerning the student's work. Comprehensive examinations prepared by the National League for Nursing are given at periodic intervals. The passing grade of the School is 75% in each subject.

Students are kept informed of their progress through examinations, reports and conferences. Every effort is made to provide assistance and guidance which will help her to succeed.

A student who is not maintaining an acceptable level in class work and nursing practice or does not seem to have personal characteristics suitable for professional nursing is placed on condition or asked to withdraw.

The parent or guardian of a student under 21 years of age is advised if a student is placed on condition or asked to withdraw.

Upon satisfactory completion of the required program, the student receives the diploma and pin of The Mount Sinai Hospital School of Nursing.

State Registration

Graduates of the School are eligible to take the examination for licensure administered by the Regents of the State of New York and are expected to take the first examination given after completion of the course. Satisfactory completion of this examination classifies the graduate of the School as a Registered Professional Nurse (R.N.) in the State of New York. Having become registered in New York State, it is possible to apply for registration without examination in other states.

The New York State Nurse Practice Act states that a nurse must be licensed by examination in the State in which she was graduated. For this reason, graduates of this School are urged to take State Boards in New York State rather than in another state as they may wish to practice in New York State at a future date.

College Credit

Many colleges and universities give advanced standing (from one to one and a half years credit toward a Bachelor of Science degree to well qualified graduates who wish to prepare themselves for special fields of nursing.

Directions for Reaching School

Applicants who wish to apply in person can reach the School or Hospital by means of the Fifth Avenue Buses (Nos. 2, 3 or 4), or the Madison Avenue Buses.

All baggage should be plainly addressed with the name in full, care of The Mount Sinai Hospital School of Nursing, 5 East 98th Street, New York City, and transportation charges should be pre-paid.

SCHOLARSHIP AND SPECIAL ENDOWMENT FUNDS

THE School of Nursing has been fortunate in being endowed with special funds; the income from which is used for the benefit of the student and graduate nurses. These funds indicate in a most substantial manner the deep interest taken in the School by the Board of Directors and its friends.

Murry Guggenheim Scholarship Fund

Established in 1905 by Murry Guggenheim to provide (a) six scholarships, each in the amount of \$100.00 to be awarded to entering students beginning with the class entering in February 1950; the selection to be based on the financial need for assistance of applicants, evidence of ability to meet the qualifications of a professional nurse and scholarship standing in the school attended by such applicant prior to application; (b) 12 medals in the form adopted by the Board of Directors of the School to be awarded to 12 students beginning with the class graduating in February 1950, who have shown exceptional ability during their attendance at the School; and (c) a graduate scholarship for the balance of the yearly income of the fund to a graduate nurse of the School applying for the same to assist the recipient in the completion of a degree program to be followed by such applicant. The award shall be made by the faculty of the School and the basis shall be evidence of eligibility for admission to a university, an existing need for special preparation for an essential field of work, proof that the individual is capable of this specified study and gives promise of competency in the position for which she is preparing.

The Murry and Leonie Guggenheim Scholarship and Aid Fund

Established in 1952 by The Murry and Leonie Guggenheim Foundation. The income to be used:

1. To provide ten Murry and Leonie Guggenheim Scholarships in the amount of \$100 each for entering student nurses meeting the entrance requirements of the School and applying for such scholarships on the basis of financial need.
2. To provide Murry and Leonie Guggenheim Scholarships in the amount of \$50 for each student nurse upon entering the second and third years after satisfactory completion of the work of the prior year.
3. To provide grants in aid or loans to especially needy students.

The Catherine and Henry J. Gaisman Scholarship Fund

Established in 1956 by Catherine Gaisman and Henry J. Gaisman. (Mrs. Gaisman is the former Catherine Vance, Class of 1940.) The income to be used to provide a graduate scholarship for a qualified graduate nurse of the School applying for the same, to assist the recipient in the completion of a degree program to be followed by such applicant. The award shall be made annually by the faculty of the School, and the basis of the award shall be evidence of eligibility for admission to a University, an existing need for special preparation for an essential field of work, proof that the individual is capable of this

specified study and that she gives promise of competency in the position for which she is preparing.

Murry and Leonie Guggenheim Fund

Established in 1957 by Mrs. Murry Guggenheim. The income to be used for extraordinary improvements in the Nurses' Residence.

The Margaret Cameron Scholarship Fund

Established in 1956 by Colonel Mark M. Serrem in memory of his late wife, Margaret Cameron Serrem, Class of 1927. The income to be used to provide a graduate scholarship for a qualified graduate of the School applying for the same, to assist the recipient in commencing a course of study for a degree at a University. Priority shall be given to those applicants who intend to remain with the Hospital staff or School Faculty following completion of their course of study.

Estelle and Hugo Blumenthal Scholarship and Graduation Fund

Founded by Estelle and Hugo Blumenthal to provide an annual scholarship of \$500.00 upon application to the student in the graduating class who has shown special fitness to advance in the profession of nursing by taking courses at a College, or University, approved by the Board of Directors of the School. This fund also provides a cash award to each graduating student.

Isabella Freedman Fund

Established by Mrs. Isabella Freedman; income to be used for an award to a student in the graduating class who has shown marked ability, proficiency and interest in her work.

Carrie M. and Gustav Blumenthal Graduating Class Prize Fund

Established by provision in the will of Gustav Blumenthal; income to be distributed annually as a prize or prizes among the graduating class in such manner as the Directors of the School determine.

Berthold Levi Fund

Founded by Mrs. Berthold Levi in memory of Berthold Levi; income to be used for educational purposes.

Amy C. and Fred H. Greenebaum Fund

Established by Mr. and Mrs. Fred H. Greenebaum; income to be used for an annual award to a deserving student.

Daniel Kops Prize Fund

Founded by the employees of the House of Kops in memory of Daniel Kops. The estate of Daniel Kops also contributed to this fund. Income to provide a prize to a student nurse for excellence in bedside nursing and kindness to patients.

Carrie Untermeyer Prize Fund

Founded by Henry Untermeyer; to establish an annual award to the student in the graduating class who has the best record for kindness and proficiency in bedside nursing.



STUDENT WITH NEWBORN BABY AND PARENTS

Solomon and Betty Loeb Fund

Founded in 1902 by Solomon Loeb; income to be used for charitable or educational purposes.

Emil Berolzheimer Memorial Fund

Founded by Mrs. Emil Berolzheimer in memory of her husband, Emil Berolzheimer; income to be used for higher education of nurses.

Albert W. Scholle Memorial Fund

Founded by William and Frederic Scholle as a tribute to the memory of their father; income to provide a recreation and vacation fund for the student nurses of the School.

Lillie Stern Scholle Pleasure Fund

Founded by Albert W. Scholle; income to be used largely to defray the expenses of parties, dances and other social gatherings of the students.

Eugene Meyer, Jr., Library Fund

Founded in 1905 by Eugene Meyer, Jr.; income to be used to supply books and magazines for the School library.

Jacques D. Wimpfheimer Memorial Fund

Founded by Charles A. Wimpfheimer in memory of his son, Jacques D. Wimpfheimer. Any student requiring financial assistance during her course may call upon this fund.

Charles A. Wimpfheimer Emergency Relief Fund

Established by Charles A. Wimpfheimer in order to give emergency relief or temporary assistance to graduates of the School and members of the Alumnae Association of the Mount Sinai Hospital School of Nursing.

Mr. and Mrs. Sam S. Steiner Fund

Founded by Mr. and Mrs. Sam S. Steiner in memory of their beloved son, William J. H. Steiner; income to be used for the relief of needy graduates of the School.

Mr. and Mrs. Morris Fatman Relief Fund for Graduate Nurses

Founded by Mr. and Mrs. Morris Fatman; income to be used for the relief of graduate nurses.

Aid and Relief Fund

Founded anonymously by a Director of the School of Nursing; income to be used for the assistance of graduate and undergraduate nurses.

Kalman and Harriet F. Haas Fund

Founded in 1908 by Kalman Haas; income to be used for the general purposes of the School.

The information given above is merely for applicant and student guidance. The School reserves the right to amend or change the prizes, awards and scholarships or eliminate or reduce any of them at any time, even though this occurs during the period the student is in the School.

CURRICULUM

General Plan of Instruction

The basic curriculum of the School covers a period of 36 months, including twelve weeks vacation.

The first twenty-six weeks are devoted primarily to class and laboratory work with a limited amount of nursing practice in the Hospital. One week vacation is given during the preclinical period.

During the next period of the first year, the student is assigned to the medical and surgical units for clinical practice and concurrently she receives related classes, conferences and bedside instruction. A vacation of three weeks is given at the end of this year.

In the second year experience includes concurrent classes and experience in surgical specialties in the operating and recovery room, obstetrics, psychiatry, gynecology, neurology and diet therapy laboratory. The classes and experience in psychiatric nursing are received at the Westchester Division of New York Hospital or Creedmoor State Hospital. There is a four week vacation near the end of this year.

The third year offers many interesting experiences. Experience and instruction in pediatrics, out-patient department and emergency nursing is provided as well as in the care of private patients. Experience is also given in the psychiatric unit of the Hospital.

During the last year the student returns once more for experience and instruction in medical and surgical nursing. At this time she is ready to accept almost complete responsibility for planning to meet the total needs of her patients. There is a four week vacation during this year.

<i>Courses Given During the First Year</i>	<i>Class Hours</i>	<i>Weeks Practice</i>
Anatomy and Physiology	115	
Chemistry	60	
Microbiology	55	
Professional Adjustments I	15	
Professional Adjustments II	15	
Psychology	30	
Sociology	15	
Social and Health Aspects of Nursing	22	
Physical Education	30	
Fundamentals of Nursing	225	
Nutrition	50	
Pharmacology I	15	
Pharmacology II	45	
Pathology	15	
Diet Therapy	25	
Medical-Surgical Nursing	179	23
Dermatology and Venereal Disease Nursing	15	
TOTAL	926	23

<i>Courses Given During the Second Year</i>	<i>Class Hours</i>	<i>Weeks Practice</i>
Surgical Specialties including Eye, Ear, Nose and Throat, Orthopedic and Neurology Nursing	71	12
Diet Therapy	30	4
Operating Room Technique	55	8
Obstetric Nursing	79	12
Gynecology Nursing	25	
Psychiatric Nursing	105	12
Social and Health Aspects	7	
TOTAL	372	48

<i>Courses Given During the Third Year</i>	<i>Class Hours</i>	<i>Weeks Practice</i>
Medical-Surgical Nursing	20	14
Nursing Care of Private Patients		6
Emergency Nursing and First Aid	10	4
Pediatric Nursing—including Communicable Disease Nursing	107	14
Psychiatric Nursing	6	2
Out Patient Dept. Nursing		8
History and Professional Trends in Nursing	15	
Professional Adjustments II	15	
Social and Health Aspects of Nursing	23	
TOTAL	196	48
Comprehensive Examinations	6	
GRAND TOTAL	1500	119

MEETING OF THE STUDENT HEALTH COMMITTEE
WITH FACULTY ADVISOR



DESCRIPTION OF COURSES

Anatomy and Physiology

In this course the student learns about the gross and microscopic structure of the human body and the physiologic systems and their integration into the total functions of the human body.

Laboratory work includes the study of prepared histological specimens, dissection of preserved mammals and fresh tissues, observations of anatomical models and some basic physiological experiments.

Lecture, demonstration, laboratory,
class discussion, films, slides 115 Hours

Microbiology

The student is introduced to the characteristics and activities of micro-organisms. Emphasis is placed on the nurse's role in the prevention and control of disease through an understanding of the principles involved in disinfection, sterilization, isolation technique and chemotherapy. Modern concepts of immunization are included in the study.

Lecture, class discussion, films, slides, laboratory . . . 55 Hours

Chemistry

The content of this course is selected from the fields of inorganic, organic and physiological chemistry. The selection of this material is based upon its relationship to physiology, microbiology, nutrition, and pharmacology as they apply to clinical nursing practice.

Lecture, demonstration, class discussion, laboratory . . . 60 Hours

Professional Adjustments I

A general consideration of ethical principles with reference to their application to the practice of the professional nurse. The content is designed to give the student an overview of the profession she has entered as well as assistance in the adjustment to her new environment. Emphasis is placed on the obligations of the nurse to her patients, doctors and co-workers and to the community in which she will serve.

Lecture, class 15 Hours

Professional Adjustments II

The object of this course is to continue to assist the student to adjust to the varying situations which affect personality developments as well as interpersonal relations. In the second part the student is introduced to the varied branches of nursing through a general survey of the profession in order that she may select with better understanding the particular field in which she is likely to find the greatest interest and success; to give her knowledge of the nursing organizations, the results of recent surveys in nursing, as well as opportunity to learn the trends and advances in the profession.

Lecture, class discussion and reports 30 Hours

Psychology

An elementary course which aims to give the student an insight into human behavior and the principles involved in habit formation and personality adjustment, and the psychological techniques utilized in studying personality.

Lecture and class discussion 30 Hours

Sociology

A study of social situations; the family, the community and economic factors with emphasis on the patient as an individual conditioned by psychological and cultural influences. The course is designed to give the student an appreciation of the social and economic implications of illness and how adjustments are made to facilitate recovery.

Lecture, class discussion, and reports 15 Hours

Social and Health Aspects of Nursing

Designed to give the student an appreciation of how family and community factors influence nursing needs of the hospitalized patient; methods by which these needs can be met through the interrelationship of community agencies. Intended also to aid the student in understanding and developing her role as a health teacher. Orientation to clinical experience in the Out-Patient Department is included.

Lecture, films, discussion, supervised patient teaching . . . 52 Hours

History and Trends of Professional Nursing

An overview of the history of nursing; what has constituted nursing and conditions and factors which have strengthened or weakened it. Includes the current trends in nursing service and nursing education.

Lecture, discussion, reports 15 Hours

Fundamentals of Nursing

An introduction to nursing practice which will enable the student to acquire the understanding, skill and attitudes necessary to provide for the nursing needs of patients. Emphasis is placed on the student's recognition of the individual patient through the development of psychosocial concepts of nursing.

The student learns to plan and apply the principles of nursing care through supervised practice on the wards. Instruction in the principles and practice of nursing begins in the preclinical period and extends in various forms through the entire three years.

Lecture, demonstration, class discussion,

films, laboratory 150 Hours

Supervised ward practice 75 Hours

Pharmacology and Therapeutics

The study of drugs from the standpoint of the mathematics of pharmacology, the accurate and intelligent administration of medicine, and the observation and report of results. Every effort is made to furnish the nurse with sufficient knowledge about therapeutic action of drugs to enable her to cooperate with the physician in securing desired results and to familiarize her with toxic symptoms and doses of drugs. Emphasis is placed on the nurse's responsibility in the use of drugs and in the teaching of patients.

Lecture, class discussion, demonstration of drugs, and

individual supervision of administration of drugs . . . 60 Hours

Pathology

A course in elementary pathology dealing with the various changes which take place in the body as the result of disease, and emphasizing the importance of the measures most frequently used in clinical diagnosis.

Lecture, class discussion, and slides 15 Hours

Nutrition, Foods and Cookery

Designed to give the student the principles of nutrition as they apply in the preparation of food for herself, the patient, and the family, under varying social and economic conditions.

Lecture, class discussion, and laboratory 50 Hours

Diet Therapy

This course aims to give the student an appreciation of the current theory in the modification of the normal diet to meet the needs of patients with pathological conditions. Practice of diet therapy includes planning and serving therapeutic diets and the application of the principles of diet therapy to the teaching of patients in supervised practice.

Lecture, class discussion, supervised practice, reports . . . 55 Hours

Medical and Surgical Nursing

A study of the nursing care required by patients with representative medical and surgical conditions. Each disease is covered from the standpoint of causes, preventive measures, incidence, underlying pathology, symptoms, treatment, complications, prognosis and rehabilitation. Emphasis is placed on developing the ability to identify problems of specific patients and to make plans for their care. Includes demonstrations of more advanced nursing techniques, principles of team nursing and disaster nursing.

Lecture, conference, discussion, films,
demonstration, field trips 199 Hours

Skin and Venereal Disease Nursing

A study of the cause, prevention and control, treatment and nursing care in the common skin and venereal diseases. This course is designed to give an understanding of the social and economic factors involving the individual and the community.

Lecture, slides, motion pictures, and discussion . . . 15 Hours

Operating Room Techniques

This course provides for an understanding of the principles of operative aseptic technique, the use of operating room equipment, the preparation of the patient for anesthesia and operation and the development of the skills necessary to relate this experience to total care of surgical patients. Includes experience in the recovery room.

Lecture, demonstration, discussion 55 Hours

Nursing in Diseases of the Eye, Ear, Nose and Throat

This course consists of a review of the anatomy of the eye, ear, nose and throat and descriptions of the disease common to these structures including the treatment and nursing care. Special stress is placed on the preventive aspects of diseases of the eye, ear, nose and throat.

Lecture, slides, motion pictures 26 Hours

Orthopedic Nursing

A study of orthopedic conditions, the prevention, treatment, nursing care and rehabilitation of patients with these conditions.

Lecture, demonstration and discussion 18 Hours

Neurological Nursing

This course deals with the mental and physical aspects of the neurological and neurosurgical patient. The student learns to recognize the symptoms, the methods of treatment, and the prevention of possible sequelae of neurological disorders, and develops understanding and skill in meeting the needs of these patients.

Lecture, ward clinics, discussion, and demonstration . . . 27 Hours

Obstetric Nursing

The course is designed to give the student an appreciation and an understanding of the care of the mother and the newborn. Nursing practice includes the techniques of care within the antepartal, intrapartal, postpartal and neonatal periods. Normal processes are considered first to give a basis for the understanding and recognition of abnormal conditions which may arise in any of the areas of care.

Lecture, clinics by obstetrician, classes and demonstrations
in maternity wards, delivery rooms, and nurseries . . . 79 Hours

Gynecologic Nursing

A study of the prevention, treatment and nursing care of significant diseases of the reproductive system. Emphasis is placed on the emotional reactions of such patients and the role of the nurse as a health teacher.

Lecture, discussion . . . 25 Hours

Pediatric Nursing (including communicable diseases)

This course deals with normal growth and development, infant and child nutrition, and the diseases of infancy and childhood, including communicable diseases, with special emphasis on the nursing care and preventive treatment. The child is studied as an individual, a member of the family and community from the standpoint of normal physical, mental, and social development.

To give further emphasis in the care and emotional health of the normal child; a teaching-observation experience is given at a Nursery School.

Lecture, ward conferences, discussion, motion pictures
and demonstration . . . 107 Hours

Psychiatric Nursing

This course is designed to acquaint the student with psychiatric illness and to give an understanding of the basic principles in the nursing care of personality disorders. Emphasis is placed upon the relationship between physical and mental diseases; principles of prevention; and variations in nursing procedures in caring for mentally ill patients. Students have an opportunity for observation and practice of the special therapies used in treatment of these patients. This course is given at the New York Hospital, Westchester Division and Creedmoor State Hospital.

Lecture, ward clinics, case presentation, conference
and demonstration . . . 105 Hours
Instruction Home Hospital . . . 6 Hours

Out Patient Department Nursing

This experience provides the student with the opportunity to care for ambulatory patients. The student gains insight into family and community health problems and has the opportunity to participate in the health teaching activities of the department.

Conference, discussion, clinical experience . . . 20 Hours
(Social and Health Aspects of Nursing)



STROLLING IN CENTRAL PARK THE HOSPITAL IS SEEN IN THE BACKGROUND

CAREER OPPORTUNITIES IN NURSING

Probably no field of endeavor provides greater opportunities for women than nursing. While there are more nurses actively engaged in the practice of their profession than ever before, there are increasing opportunities for professional nurses.

Upon completion of the diploma program, the new graduate may work as an institutional staff nurse in the various clinical services or in the military or non-military government services. With sound preparation, through experience, she may progress to the position of head nurse in a hospital. For the nurse who prefers to give specialized care to one patient, the field of private practice offers an opportunity to give such care either in the hospital or in the home. With preparation and experience graduate nurses who decide to prepare themselves for public health nursing, teaching supervision and administration will need to avail themselves of further preparation at universities conducting graduate programs. Varying amounts of college credit are allowed for the courses taken in the three year diploma program.

Public health nursing offers a large and growing field with a diversity of activities which affect all groups of society. It includes visiting nursing, school nursing and many phases of educational and preventive programs. For graduates interested in industrial nursing there are opportunities to participate in educational health and safety programs, as well as to give care to the ill and injured. Positions in the field of nursing education are numerous for graduates interested in the teaching of clinical nursing courses or biological and physical or social sciences. Administrative and supervisory positions in hospitals offer challenging opportunities for those with medical science interests and executive ability.

Whether practicing her profession in the civilian or government hospital, in the classrooms, in the home, in the industrial plant or the rural community, the nurse occupies a position of responsibility and honor. American nurses have a large share of responsibility in restoring health and welfare services in many parts of the world. The opportunities for service increase rather than diminish both at home and abroad.



STUDENTS ENJOY SWIMMING AT "THE OAKS"

THE ALUMNAE ASSOCIATION

THE members of each graduating class are urged to join the Alumnae Association of the School of Nursing upon completion of their course.

The Association was organized in 1893. It has a three-fold object: to promote fellowship among its members, to improve the professional work of the graduates, and to care for its members when ill.

Meetings are held monthly during nine months of the year, in the Nurses' Residence when matters of importance are discussed, followed by a social hour.

A monthly bulletin is published by the Association containing a report of each meeting, news items of interest to the graduates, trends in nursing and special medical and surgical articles.

The Association maintains an estate on Long Island Sound as a summer vacation home and recreational center. The privilege of using the facilities of this estate, which was bequeathed by the wife of a former trustee of The Mount Sinai Hospital, is extended to the students of the School of Nursing.

In 1958 the Alumnae Association donated an annual scholarship award to a member of the graduating class in memory of Magdalene M. Klingenstein.

ADVICE TO CANDIDATES

CANDIDATES should select most carefully the school in which they desire to study. Every young woman who considers entering a school of nursing should know the essentials of a good school: one which provides rich clinical experiences, employs well prepared instructors, possesses a well equipped library and classrooms, and has an adequate and well balanced curriculum. It should also provide desirable living conditions, reasonable weekly schedules, suitable facilities for recreation and make every effort to maintain a good health program.

An applicant should select a nursing school that is approved by the accrediting authority in the State where the school is located. The schools of nursing in New York State are accredited by the New York State Education Department. In every state, graduation from an accredited school is a necessary prerequisite for state registration.



MAIL CALL



A GRADUATING CLASS

